

Non GMO Proudly Made in Vermont Gluten-Free

# PATRICK'S



WORLD'S FINEST  
**GRANOLA**

Hand



**LEMON COCONUT**  
with Organic Black Sesame Seeds

Sweetened 100% with Vermont Maple Syrup



Net Wt 12oz (340g)

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**GRANOLA**

Hand Crafted



We've been making the best granola on the planet for more than a decade. Our delicious granola is made in small batches in our state of the art bakery on our 100 year old hilltop farm. Each batch is made with LOVE!  
**OUR FLAVORS RUN DEEP!**

## LEMON COCONUT

**INGREDIENTS:**

Certified Organic Gluten Free Oats, Organic Vermont Maple Syrup, Organic Sunflower Oil, Organic Coconut, Organic Black Sesame Seeds, Natural Flavors, Organic Ginger Powder, Salt

Net Wt 12oz (340g)

**Nutrition Facts**

Serving Size: 1/2 cup (61g)  
Servings Per Container: About 7

Amount Per Serving		% Daily Value*	
<b>Calories</b> 310	Calories from Fat 120		
<b>Total Fat</b> 14g			<b>11%</b>
Saturated Fat 4.5g			<b>15%</b>
Trans Fat 0g			
<b>Cholesterol</b> 0mg			<b>0%</b>
<b>Sodium</b> 70mg			<b>3%</b>
<b>Total Carbohydrate</b> 44g			<b>14%</b>
Dietary Fiber 5g			<b>20%</b>
Sugars 14g			
<b>Protein</b> 7g			
Vitamin A 0%		Vitamin C 0%	
Calcium 6%		Iron 15%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g



Produced by Patrick's Artisan Bakery  
Marshfield, VT 05658

patrickartisanbakery.com

Certified Organic by  
Vermont Organic Farmers